



HILLS & RANGES
PRIVATE



About Us

Our Mission – Do rehab once and once only, a rehab that actually rehabilitates – Amazing, right?

Hills & Ranges Private is Melbourne's only 5-Star Rehab Facility. Set amongst tranquil surrounds, HARP is a place where you can reconnect with yourself - to find the answers to your questions.

Every day, HARP delivers our specially designed and patented program, building a foundation that can withstand the rigours of life, and lead to ultimate success for our clients.

Outstanding service is a hallmark of HARP. Our extensively trained and passionate staff provide the informed guidance necessary to ensure the positive, life-changing client outcomes that we have become known for.

When you place yourself in the care of Hills & Ranges Private, you're making the decision to become the best version of yourself.

Our Program & Curriculum

At HARP, you will participate in a holistic addiction recovery program - a comprehensive suite of proven clinical and therapeutic treatments. Qualified alcohol and other drug facilitators, counsellors, psychotherapists and psychologists work alongside nurses and doctors in a small group format, plus extensive one on one therapies tailored for your recovery.

Our patented curriculum consists of the most up to date information and science in the field of AOD & Mental Health. You will learn about the Neuro-Chemistry of the brain, and develop an in-depth understanding of the science of addiction, and addiction treatment & recovery.

The program at HARP is designed in such a way as to provide you with confidence in your recovery. Beyond the residential rehabilitation program, we offer vital, on-going Aftercare Support which is tailored to you and your needs, and guides you further along the path to success.

We combine clinical with a therapeutic approach:

- Personal Trainer and fully equipped gym
- Private, fine dining chefs
- Yoga Therapy
- Mindfulness & meditation
- Art therapy
- Music therapy
- Equine therapy
- Day Spa – massage, hot stone treatments, reiki & acupuncture

The HARP model of holistic treatment provides an environment in which a commitment to recovery is highly desirable. You can work on yourself between the hours of 9 to 5, and unwind in 5-star comfort and reconnect in nature when the work is done.

MEET THE TEAM



Our Facilities

Nestled in the Dandenong Ranges.
The location for HARP was selected for your recovery. Immerse yourself in peace and tranquillity, and reconnect with nature during your stay. For many years, the Dandenong Ranges has been a place for reflection and serenity – the place you go to escape the hubris of a busy life. Nestled in the heart of the rainforest, the HARP facility is a base from which you can discover the beautiful surrounds as an integral part of your therapy. Hike the 1,000 steps, explore bushwalking trails, and pay a visit to the various gardens, sanctuaries, waterfalls and lookouts for which the region is renowned.

The Sassafras Manor caters to CEO’s, Executives, Athletes and Actors – the C-Suite clientele. We only accept and treat 4 clients per month, ensuring the most exclusive treatment experience available in Australia. The premium

Alto Suite includes a large walk-in wardrobe, marble bathroom with double vanity, reading lounge area, office space and a balcony with a 270-degree view of nature – the elite in recovery for you. The manor sits on a 10,000 square meter property, backing onto heritage hiking tracks, and is rich in wildlife – keep an eye out for the local deer and kookaburras.

The Olinda Chalet in its natural beauty is open to all, with a minimum age requirement of 30. It provides a productive environment for you and a program that is easily accessible to those in need. We only accept 8 clients per month with options to cater for varying needs and budgets.

At Hills & Ranges Private, we believe that recovery doesn’t necessitate hospital beds and white lab coats. We believe in providing a premium treatment service in 5-star surrounds.



OLINDA

- 8 bed facility
- Triple storey chalet
- Gym & Spa
- Daily catered meals

[VIEW GALLERY](#)

[WATCH VIDEO](#)



SASSAFRAS

- 4 bed exclusive facility
- Double storey manor
- C-Suite clientele
- Gym, Day Spa & Jacuzzi
- Private Chef

[VIEW GALLERY](#)

[WATCH VIDEO](#)

Testimonials

Your success is our success. Ongoing support extends beyond your stay at HARP, and is a key component of our program offering. Acutecare Plus is a HARP initiative which places you in daily communication with your counsellor and psychologist from the day you complete your residential stay. Clients who have taken advantage of the ongoing support afforded by the Acutecare Plus program have experienced a successful rehabilitation rate above 90%.

Treated
500+ clients
since 2019

Over 90%
success rate with on-going support

2:1
staff to client ratio

Victoria’s only
5-star rehab

575% growth
since 2019





HILLS & RANGES

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CONTACT US