



sunlighten™

empowering wellness

"15 years of **pioneering research** and **design**.
Now enjoy a **refined sauna experience**."

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"Sunlighten Saunas are trusted in 22 countries worldwide for quality, service and unrivalled performance."



Research and Development

15 years' investment in research and development has seen Sunlighten pioneer over 20 of the world-class innovations that are now featured in our mPulse series saunas.

Recommended by Health Professionals

Sunlighten saunas are used by more wellness providers and endorsed by more health professionals than any other sauna in the world.

We build your sauna

We don't buy saunas, we make saunas.

From the design blueprint to the final delivery, your sauna is designed and built by Sunlighten

That's how we guarantee you unrivalled quality, superior performance and trusted after-sales service and support.

Infrared Heat

Infrared heat is the natural, radiant heat emitted by the sun. Unlike Microwaves or Ultra Violet (UV) radiation, infrared heat is 100% safe and has been used in various heating applications for decades. The feeling of pure infrared heat in a Sunlighten sauna is gentle, penetrating warmth – similar to warming rays of sunlight on a winter's day, without the harmful UV component.

Sunlighten Saunas vs. Traditional Saunas

Sunlighten saunas use Solocarbon infrared heating instead of steam or hot rocks. Hot rock and steam saunas use extremely high cabin temperatures – the body reacts with a 'surface sweat' to cool itself. The Solocarbon heating used in Sunlighten saunas gently warms the body directly, so the cabin temperature remains comfortable, while the body experiences a deep, profuse and more beneficial sweat.

Solocarbon Heating Technology

Exclusively in Sunlighten Saunas

Solocarbon heating is the most advanced sauna heating technology available today. Developed by Sunlighten and available exclusively in Sunlighten saunas, Solocarbon heating has been independently tested and proven to output consistent and targeted infrared heat, for better health outcomes and a more comfortable and consistent sauna experience.

Solocarbon Full Spectrum Heating Technology

The simple principle of full-spectrum technology is that not all infrared heat is the same. Different blends of near-infrared, mid-infrared and far-infrared heat deliver different outcomes.

Sunlighten's mPulse series saunas are the only saunas in the world to offer full-spectrum infrared heating, utilising the entire infrared spectrum, so you can tailor your session to suit your needs.

Turn to page 8 to learn how our Android touchscreen puts the power of full-spectrum heating at your fingertips.

“Tailor your sauna session to **support your** personal wellness goals.”



Solocarbon Full Spectrum Heating Technology

Customisable heating technology so you can enjoy your sauna just the way you like it.

Android Touchscreen Controls

Our Android-powered touchscreen combines simple, intuitive operation with the latest in digital entertainment. Turn to page 8 to learn more.

Schedule a session

At the end of a long day, come home to your sauna warmed and ready for you. It takes just a few moments to schedule a session.

Ergonomic Floating Bench-Seating

Chiropractor-designed, extra-deep bench seats support healthy posture during your sauna session. The bench seating can also be removed to create space for stretching or yoga.

Magneseal™ Assembly

Sunlighten saunas do not have screws, clips or fasteners. Magneseal™ assembly not only makes installation a breeze, but prolongs the life of your sauna by facilitating the natural expansion and contraction of timber as it heats and cools.

Internationally-backed Warranty

We invest in your complete peace of mind with a dedicated after-sales service team and unrivalled internationally-backed product warranty.

Electrical and Safety Certifications

All Sunlighten Saunas not only meet all mandatory Australian electrical certifications, but also independently commissioned tests for EMF and infrared emissivity and Apex tests for off-gassing and non-toxicity.

SIZES & SPECIFICATIONS

All saunas in the mPulse series are made from timber sourced from sustainably grown forests.
Ask your sales consultant to recommend a timber option that best suits your needs.



Cedar
Enjoy the traditional
scent of Canadian
western red cedar.



Eucalyptus
A dense, firm timber,
Eucalyptus is durable
and beautifully finished.



Basswood
Basswood is a highly pure timber,
recommended for anyone with
extreme sensitivities. Available by
SPECIAL ORDER ONLY.

mPulse **Aspire**

| | Exterior | Interior |
|--------|----------|----------|
| width | 111cm | 96cm |
| depth | 106cm | 91cm |
| height | 195cm | 182cm |



Heaters 6 - surface area 2.05m²
Power 240v, 1800w, 10a

The mPulse Aspire requires a dedicated
10amp circuit and power socket.

mPulse **Believe**

| | Exterior | Interior |
|--------|----------|----------|
| width | 131cm | 116cm |
| depth | 121cm | 106cm |
| height | 195cm | 182cm |



Heaters 8 - surface area 2.43m²
Power 240v, 2400w, 15a

The mPulse Believe requires a dedicated
15amp circuit and a 15amp power socket.

mPulse **Conquer**

| | Exterior | Interior |
|--------|----------|----------|
| width | 179cm | 164cm |
| depth | 121cm | 106cm |
| height | 195cm | 182cm |



Heaters 11 - surface area 3.20m²
Power 240v, 3300w, 15a

The mPulse Conquer requires a dedicated
15amp circuit and a 15amp power socket, with
a 20amp circuit breaker installed in the meter box.

mPulse **Discover**

| | Exterior | Interior |
|--------|----------|----------|
| width | 179cm | 164cm |
| depth | 179cm | 164cm |
| height | 195cm | 182cm |



Heaters 14 - surface area 3.78m²
Power 240v, 4200w, 20a

The mPulse Discover must be hardwired to
a 25amp power supply, with a 25amp circuit
breaker installed in the meter box.

mPulse **Empower**

| | Exterior | Interior |
|--------|----------|----------|
| width | 218cm | 203cm |
| depth | 180cm | 165cm |
| height | 195cm | 182cm |



Heaters 17 - surface area 4.87m²
Power 240v, 4800w, 25a

The mPulse Empower must be hardwired to
a 25amp power supply, with a 25 amp circuit
breaker installed in the meter box.

TOUCHSCREEN CONTROLS

“Start your sauna, **schedule a session** or press play for DVD entertainment. The Android powered touchscreen in your mPulse sauna puts **control at your fingertips.**”



Each preset program uses different blends of near infrared, mid infrared, and far infrared heat at unique intervals throughout that programmed session. Alternatively, set a temperature, set the timer, relax and enjoy your session.

| | NEAR INFRARED | MID INFRARED | FAR INFRARED |
|----------------|---------------|--------------|--------------|
| Detoxification | | • | • |
| Relaxation | • | • | • |
| Anti-ageing | • | | • |
| Cardiovascular | • | • | • |
| Weight loss | | • | • |
| Pain relief | • | • | • |

Speak to your sales consultant or visit sunlighten.com.au/touchscreen to learn more about the full range of programs and touchscreen features that come standard with every mPulse sauna.

SUNLIGHTEN ACCESSORIES

Shop our full range of sauna accessories anytime at sunlighten.com.au/shop

mPulse Android Anywhere Access

Now you can operate your mPulse sauna from anywhere, anytime with ‘Anywhere Access’ from your desktop, laptop or mobile phone. Available to both residential and commercial customers. Turn on your sauna, pre-heat or schedule a program, ready when you get home, ready for your first client.

So Sound

So Sound Acoustic Resonance Therapy uses low intensity, high frequency vibrations to create a multi-sensory relaxation environment in your mPulse sauna.

Chromotherapy Lighting

Match your sauna to your mood with Chromotherapy lighting. Relax in a pool of deep blue light, or stimulate your senses with vivid red; Chromotherapy puts the entire spectrum of visible light at your fingertips.

Sauna Assembly Service

All mPulse saunas are designed for self-installation; two people can typically assemble one in an hour or two. If you’d like to leave it to our experts, ask about our sauna installation service.

Finance Options Available

We work with third-party finance providers to offer finance options to approved applicants. Speak to your sales consultant for more information.

Bamboo Carbon Accessories

Anti-bacterial, anti-fungal, and naturally deodorizing, our bamboo-carbon accessories are also highly absorbent and re-emit over 90% of the infrared they absorb. Recommended for use in your Sunlighten sauna and perfect for any bathroom or home wellness studio, ask about our bamboo carbon sauna towels, mats and wraps.

Marine-grade Canvas Covers

Sunlighten saunas are not designed for long term exposure to the elements. If you’d like to install your sauna in a semi-exposed environment, one of our marine-grade canvas covers may be required to preserve your warranty. These covers are tailor-made with zips, so you can use your sauna without removing the cover. Speak with your sales consultant for more information.

For a tailored quote or more information

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Visit our South Melbourne Showroom

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